

Dr. [Amaka Nnamani](#) is a board-certified general pediatrician, consultant and speaker on a mission to advance breastfeeding equity and belonging, one person and community at a time. She is a two-time grant awardee from the PA Department of Health (to improve the breastfeeding rates in marginalized communities). Dr. Nnamani is a Chapter Breastfeeding Coordinator for the PA AAP, sits on the Medical Advisory Board of the Mid Atlantic Mothers' Milk Bank and is most recently one of the Co-Chairs for the Advocacy Committee of the Pennsylvania AAP.

She is the author of the children's picture book on breastfeeding titled '*Ziora's Quest: Mommy's Milk Rocks!*.' The book tells the story of a six-year-old big sister who wished for a little sister but soon realizes that Sissy just wants to breastfeed all the time. 'What's the big deal about breastfeeding, anyway?', she wonders. She is transported through a portal to the amazing world of Milky White where she meets with her pediatrician and learns amazing fun facts about breast milk!

Her advocacy and work have been featured on [NPR](#), the [BBC](#), [ABC](#), the [AAP](#), SiriusXM's Doctor Radio, amongst many other media outlets. She has also testified in front of legislators on the importance of child nutrition (specifically breastfeeding), and advocates for policy reform with regards to paid maternal leave and breastfeeding support. She has partnered with different state WIC (Women, Infant and Children) programs and agencies to use her book as an educational tool for its participants. She finds a lot of joy in speaking about issues related to breastfeeding and advocacy, as well as doing read alouds of her book at libraries, book stores and several other outlets with a goal to empower and educate while entertaining children on the benefits of breastfeeding.

In her spare time, Dr. Nnamani loves to spend time with her husband of thirteen years and her three beautiful children, all of whom were breastfed. The spa, the library and the beach are her happy places. A self-proclaimed fashionista, she also enjoys reading books on personal development, biographies/autobiographies and loves to travel, dance, watch comedies and shop!